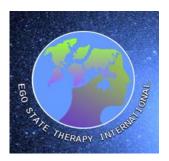
EGO STATE THERAPY INTERNATIONAL (ESTI)



SUGGESTED REQUIREMENTS FOR FACULTY STATUS

1. Clinical Experience

The prospective candidate will be asked to demonstrate extensive experience in the use of Ego State Therapy.

This can be done by:

- a) Providing a description of clinical practice post-certification to include an estimated number of EST cases treated, the types of problems treated, and the clinical outcomes
- b) Alternatively, proposing how this competency can be demonstrated.

2. Teaching Experience

Prospective candidates will be asked to demonstrate adequate supervised teaching experience in Ego State Therapy at the fundamental, intermediate and advanced levels.

This criterion can be met by:

- a) Achieving supervisory status (see requirements in separate document)
- b) Assisting in at least **ONE OF EACH** of the approved (by the EST committee for each country) fundamental, intermediate and advanced workshops/seminars, including a Master Class, with the purpose of observation from a teaching perspective

- c) Co-teaching with approved faculty members at all FOUR of the levels in approved workshops and seminars, including a Master Class
- d) When all **FOUR** competency areas are completed, the prospective candidate can apply to take a final *viva vocé* (interview) on advanced applications of Ego State Therapy and supervisory experience. This criterion can be accomplished in the following ways:
 - Scheduling a 1-hour interview with an approved EST faculty member
 - Alternatively, propose how this competence can be demonstrated.

3. Contributions to the Professional Field of Ego State Therapy

Prospective candidates will be asked to contribute professional presentations or writing to the field of Ego State Therapy.

This criterion can be accomplished by:

- a) Submitting proof of at least **TWO** professional presentations (symposium paper and/or workshop) at a national or international conference on Ego State Therapy, trauma, or other related fields
- b) Proof of submission of at least **ONE** publication on clinical applications of Ego State Therapy, or research in this area, in a peer-reviewed, professional journal, or as a chapter in a book
- c) Alternatively, propose how this competency can be demonstrated.

4. Clinical Supervision

Prospective candidates will be required to demonstrate their ability to supervise or act as a clinical consultant to other professionals in the field seeking certification and using Ego State Therapy with their clients.

This competency can be demonstrated by:

- a) Completing the national EST Certification programme/curriculum as stipulated and approved by ESTI
- b) Submitting proof in writing of at least **TWO** years postcertification experience in the application and practice of EST
- c) Assisting in at least **ONE OF EACH** of the approved (by the EST committee for each country) fundamental, intermediate and advanced workshops/seminars, including a Master Class, with the purpose of observation from a teaching perspective.
- d) Participating in a mentorship, including consultation sessions with approved EST faculty members for discussion of their supervision or consultancy experiences
- e) Assisting and participating in at least **TWO** group supervision workshops with approved EST faculty members
- f) Completing at least **four** hours of personal therapy experience with approved EST faculty members
- g) When the competency areas have been completed, the prospective candidate can apply to take a *viva vocé* (interview) on the applications of Ego State Therapy and supervisory experience. This criterion can be accomplished in the following ways:
 - Scheduling a 1-hour interview with an approved EST faculty member
 - Submitting a letter from an approved EST faculty member verifying that the requirements mentioned above have been met and recommending the candidate in writing as an approved EST Supervisor
 - Alternatively, propose how this competence can be demonstrated.

5. Viva Vocé

When all four competency areas above are completed, the prospective candidate can apply to take a final *viva vocé* (interview) on advanced applications of Ego State Therapy and supervisory experience. This criterion can be accomplished in the following ways:

- a) Scheduling a **1-hour** interview with an approved EST faculty member
- b) Alternatively, propose how this competence can be demonstrated.